

Anuvia Prevention & Recovery Center
Samuel Billingsley Center
429 Billingsley Road, Charlotte 28211

100 Billingsley Road
Charlotte, NC 28211-1072
704-376-7447
(fax) 704-376-3384
anuvia.org



Social Setting Detoxification Admission Criteria:

Social setting detoxification means detoxification in an organized residential nonmedical setting delivered by appropriately trained staff who provide safe, twenty-four-hour monitoring, observation, and support in a supervised environment for a client to achieve initial recovery from the effects of alcohol or another drug. Social detoxification is characterized by its emphasis on peer and social support and it provides care for clients whose intoxication or withdrawal signs and symptoms are sufficiently severe to require twenty-four-hour structure and support but the full resources of a medically monitored inpatient detoxification are not necessary. Established clinical protocols are followed by staff to identify individuals who are in need of medical services beyond the capacity of the facility and to transfer such individuals to the appropriate levels of care.

The client must meet the diagnostic criteria for a substance use disorder of the current DSM and current clearance by a physician or a CIWA-Ar screening tool score of less than eight and the presence of any of the following:

1. Diffuse mild central nervous system symptoms such as:
 - a. Cerebral symptoms, including slow responses to questions, difficulty in following complicated instructions, mild impairment of immediate memory, slurred speech, and mild disorientation to time but not to place or client;
 - b. Coordination symptoms, including mild abnormality in movement or gait, difficulty in finger-to-nose or finger-to-finger testing and rapid movements;
 - c. Reflex abnormalities, including normal or slightly depressed but symmetrical; or
 - d. Motor abnormalities, are normal or slightly depressed but symmetrical.
2. Onset of any stated symptoms listed in subsection 1 over a few hours;
3. Intoxication;
4. The absence of other more serious symptoms, including medical or psychiatric histories of significant problems and the absence of suicidal ideations or suicidal ideation of low lethality without plan or means;
5. Presence of any one of the following physical findings:
 - a. A temperature of ninety-seven degrees to one hundred degrees Fahrenheit [36.1 to 37.6 degrees Celsius] taken orally;
 - b. Tachycardia up to one hundred twenty beats per minute;
 - c. Blood pressure of up to one hundred sixty over one hundred twenty at rest;
 - d. Respiration of twelve to twenty-six breaths per minute;
 - e. Flushed skin color;
 - f. Pupils have a sluggish reaction to light; or
 - g. Other, such as alcohol odor on breath; or
6. Ability to comprehend and function in an ambulatory setting.

Referral to acute care criteria:

A social detoxification program shall refer a client to an acute care facility or consult with a physician upon an increase in score to greater than a seven CIWA-Ar score scale or when a client has any one or more of the following symptoms:

1. Seizures or a history of uncontrolled seizures;
2. Current persistent vomiting or vomiting of blood;



Anuvia
Prevention & Recovery Center

100 Billingsley Road
Charlotte, NC 28217
(704) 376-3384
anuvia.org

3. Current ingestion of vomit into lungs;
4. Clouded sensorium such as gross disorientation or hallucination;
5. A temperature higher than one hundred and one degrees Fahrenheit [38.1 degrees Celsius] taken orally;
6. Abnormal respiration such as shortness of breath or a respiration rate greater than twenty-six breaths per minute;
7. Elevated pulse such as a heart rate greater than one hundred twenty beats per minute or arrhythmia;
8. Hypertension such as blood pressure greater than one hundred sixty over one hundred twenty;
9. Sudden chest pain or other sign of coronary distress or severe abdominal pain;
10. Recent head injury or any trauma other than minor;
11. Unconscious and not arousable; or
12. Other signs of significant illness such as jaundice, unstable diabetes, acute liver disease, severe allergic reaction, progressively severe Antabuse reaction, poisoning, progressively worsening tremors, chills, severe agitation, exposure, internal bleeding, shock, uncontrollable violence, suicidal or homicidal ideations.
13. Pregnancy if client requires detox medications (with fetal/mother monitoring).

Quick Facts:

- Length of stay in social setting detox is typically 3-5 days.
- Social setting detoxification is appropriate for individuals that have stable medical conditions that do not interfere with the ability to participate in structured programming activities.
- All clients are monitored 24 hours a day by nursing staff.
- Medications are administered by nurses and trained staff.
- Social setting detox is not a medical service, so it does not have the following services on site:
 - Pharmacy
 - Labs
 - IV's/IM or SQ
 - Oxygen/Nebulizer
 - Crash cart/EKG
- For medical emergencies, we call 911
- Social setting detoxification staff are available to transport clients from emergency departments to our facility.

Help from ED:

- Medical conditions are stable so that no adjustments will be anticipated for the 3-5 day stay in the program.
- List of all medications
- Clear, written instructions for follow-up care
- A written prescription for medication
- MD Progress Note with lab values/SI evaluation –faxed to 980.406.3631
- Emergency Referral Triage Form faxed to Detox RN for any client admitted to hospital
- RN to RN shift report (for transfer to CMC ED from Detox) and upon return from CMC-ED to Detox. Nurse Phone 704.445.6897