Guidelines for common GU complaints

Urinary Retention

                Order urine culture

                When placing a Foley, document the post void residual in the Medical Decision Making section of the chart

                Place patients on Flomax 0.4 mg qd #30

Ureteral Stone

                CT KUB (no contrast) for first time suspected stone

                Renal US for recurrent stone to look for hydronephrosis

                 *Consider* Flomax 0.4 mg for distal stones smaller than 5 mm

Gross Hematuria

                Order urine culture

                Get CT Urogram (CTU) if you are going to get an imaging study rather than a CT KUB (no contrast)

Epididymitis/Orchitis or any male with recurring/chronic c/o’s of testicular pain

                Obtain testicular US - we need this to rule out all the important stuff!!

                Obtain urine cultures, STD cultures

                Rx with antibiotics

                                Rocephin 250 mg IM

                Plus Doxy 100 mg BID #30 if under 35

                Or Levoquin 500 mg qd #15 if > 35 or engage in rectal sex